MAIA

ASIAN FUSION

SOPAS

Sopa de legumes 3,90 €
Legumes frescos da época, cozinhados num caldo caseiro leve e reconfortante.

Sopa de frango 4,90 €
Frango tenro com milho doce e legumes frescos, num caldo caseiro saboroso.

Sopa Tom Yum 6,90 €
Sopa tailandesa com ervas aromáticas, lima e um equilíbrio entre o picante e o ácido.

ENTRADAS

Garden Rolls 3,90 €
Legumes frescos e crocantes envolvidos em rolinhos, servidos com molho doce de malagueta e maionese.

Croquetes de carne 4,90 €
Croquetes dourados recheados com carne de vaca e um preparado cremoso, servidos com maionese de kimchi.

Bacalhau em tempura 6,90 €
Bacalhau português envolvido numa massa tempura leve e crocante, servido com maionese de teriyaki.

Bisque de marisco com camarão 7,90 €
Bisque de marisco rica e cremosa, com camarões, manteiga e ervas aromáticas.

Tacos Maia 8,90 €
Papadum recheado com salmão em cubos, cebola roxa e puré de abacate.

SALADAS

Salada de Jardim 7,90 €
Alface iceberg, alface, pepino, tomate-cereja e cebola roxa, com molho de mostarda e mel.

Salada Maia Fusion 8,90 €
Abacate, cebola roxa, alface iceberg, milho doce e mozzarella, com molho de teriyaki, mel e limão.

Salada de frango grelhado 10,90 €
Frango grelhado com legumes frescos, pepino, pimento, tomate-cereja e molho de inspiração asiática.

MAIA

ASIAN FUSION

ALMOÇOS

Frango Piri Piri 10,90 €
Frango grelhado marinado com sabores portugueses de piri-piri, servido com arroz basmati, salada e batatas fritas.

Costelas douradas 11,90 €
Costelas tenras com molho asiático agridoce, arroz basmati, salada e batatas aos gomos.

Tofu grelhado 10,90 €
Tofu temperado com especiarias portuguesas, arroz basmati, legumes assados e batatas fritas.

Chow Mein Maia (tofu / frango / camarão) 10,90 € / 11,90 € / 12,90 €
Noodles salteados com couve, cenoura, cogumelos negros, brócolos e pak choi.

Poke Bowl (vegetariano / salmão) 12,90 € / 13,50 €
Abacate, pepino, salada verde, ananás, cenoura e sementes de sésamo torradas.

Bacalhau com batatas fritas 12,90 €
Bacalhau português crocante com batatas fritas, salada fresca e maionese de kimchi.

Hambúrguer de vaca 11,90 €
Hambúrguer com alface, tomate e chutney de maçã, servido com maionese de teriyaki e batatas fritas.

ESPECIALIDADES ASIÁTICAS

Momos dos Himalaias 11,90 €
Momos cozidos a vapor e grelhados, recheados com frango temperado e legumes, acompanhados de chutneys nepaleses de tomate e sésamo.

Pad Thai (tofu / frango / camarão) 10,90 € / 11,90 € / 12,90 €
Noodles de arroz salteados com molho de tamarindo, ovo, rebentos de soja, cebolinho e amendoim torrado.

Frango Teriyaki 13,90 €
Frango salteado em molho teriyaki de alho e soja, servido com arroz basmati, brócolos, gengibre em conserva e sésamo.

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JANTAR

Chicken Makhani 12,90 €
Frango num molho cremoso de tomate com especiarias indianas. Servido com arroz basmati ou pão indiano.

Caril verde tailandês (tofu / frango) 12,90 € / 13,90 €
Caril aromático com leite de coco e ervas tailandesas, servido com arroz basmati.

Caril de camarão 13,90 €
Camarões num molho de caril asiático aromático e cremoso, servidos com arroz basmati.

Kimchi Soul (tofu / frango / camarão) 10,90 € / 11,90 € / 12,90 €
Arroz salteado com kimchi coreano, legumes e ovo, com frango, tofu ou camarão.

Arroz frito de bacalhau 12,90 €
Arroz basmati com bacalhau desfiado, ovo, cebolinho, alho, sésamo e molho de soja.

Arroz de ananás 13,50 €
Arroz basmati com camarões-tigre, frango, ananás, ovo, cebolinho, caril suave e amendoim torrado.

MARISCO E PEIXE

Salmão Teriyaki 16,90 €
Salmão grelhado com molho teriyaki e legumes assados.

Bacalhau grelhado 17,90 €
Bacalhau português grelhado sobre húmus, servido com pak choi e azeitonas.

Polvo grelhado 18,90 €
Polvo grelhado sobre chutney de tomate, com guacamole e batata assada.

Mariscada Maia 29,90 €
Mexilhões, amêijoas, vieiras, camarões e ostras salteados com molho Maia Fusion, servidos com pão português.

CARNES

Entrecôte Premium (250 g) 16,90 €
Vaca grelhada com molho caseiro de alho e soja e flor de sal. À escolha: legumes assados ou batatas fritas.

Maia Ribeye (250 g) 19,90 €
Ribeye grelhado, servido com legumes assados e molho de fusão.

Surf & Turf 23,90 €
Carne premium grelhada e marisco fresco, servidos com salada de tomate.

MAIA

ASIAN FUSION

RAMEN

Happy Chicken Ramen — 8,90 €
Caldo suave de frango, noodles ramen, peito de frango grelhado e ovo cozido.

Ramen de frango Katsu crocante — 10,50 €
Caldo suave com noodles ramen e frango panado crocante servido à parte.

Ramen de frango Shoyu — 10,50 €
Molho de soja, alho, gengibre, noodles ramen, frango, ovo cozido e cebolinho.

Ramen de frango Miso — 11,50 €
Caldo de miso com frango, ovo cozido, cebolinho e sementes de sésamo.

Noodles Wai Wai (vegetais / frango) — 8,50 € / 9,50 €
Caldo com legumes da época, alho e temperos asiáticos, finalizado com cebolinho.

SOBREMESAS

Brownie de chocolate — 6,50 €
Brownie servido com gelado de baunilha e mousse de chocolate.

Gajar Ka Halwa — 6,50 €
Sobremesa indiana de cenoura cozinhada lentamente com leite e especiarias, servida com gelado de baunilha.

Cheesecake — 6,50 €
Cheesecake ao estilo de Nova Iorque, servido com cobertura de yuzu japonês.

Seleção de frutas — 4,50 €
Seleção de frutas frescas da época.

Gelado (2 bolas) — 3,50 €
Sabores: baunilha, coco e chocolate.

MENU INFANTIL

Hambúrguer de vaca — 6,90 €
Hambúrguer com cheddar e tomate, servido com batatas fritas.

Poke Bowl — 5,50 €
Pepino, ananás e salada verde, com sementes de sésamo torradas.

Frango crocante — 6,50 €
Frango dourado e crocante, servido com batatas fritas.

Arroz com legumes — 4,50 €
Arroz basmati com legumes cozidos, como brócolos e feijão-verde, acompanhado de batatas fritas.

Chow Mein — 4,50 €
Noodles salteados com cenoura, couve e brócolos.

MAIA

ASIAN FUSION

SOUPS

Vegetable soup 3,90 €
Fresh seasonal vegetables in a light, comforting homemade broth.

Chicken soup 4,90 €
Tender chicken with sweet corn and fresh vegetables in a flavourful homemade broth.

Tom Yum soup 6,90 €
Thai soup with aromatic herbs and lime, balancing spicy and sour flavours.

STARTERS

Garden Rolls 3,90 €
Fresh, crunchy vegetables wrapped in rolls, served with sweet chilli sauce and mayonnaise.

Beef croquettes 4,90 €
Golden croquettes filled with beef and a creamy mixture, served with kimchi mayonnaise.

Tempura cod 6,90 €
Portuguese cod in a light, crispy tempura batter, served with teriyaki mayonnaise.

Seafood bisque with prawns 7,90 €
Rich, creamy seafood bisque with prawns, butter and aromatic herbs.

Maia Tacos 8,90 €
Papadum filled with diced salmon, red onion and avocado purée.

SALADS

Garden Salad 7,90 €
Iceberg and leaf lettuce, cucumber, cherry tomatoes and red onion, with honey mustard dressing.

Maia Fusion Salad 8,90 €
Avocado, red onion, iceberg lettuce, sweet corn and mozzarella, with teriyaki, honey and lemon dressing.

Grilled chicken salad 10,90 €
Grilled chicken with fresh vegetables, cucumber, bell pepper, cherry tomatoes and an Asian-inspired dressing.

MAIA

ASIAN FUSION

LUNCH

Piri Piri Chicken 10,90 €
Grilled chicken marinated in Portuguese-style piri-piri flavours, served with basmati rice, salad and fries.

Golden glazed ribs 11,90 €
Tender ribs with a sweet-and-sour Asian sauce, basmati rice, salad and potato wedges.

Grilled tofu 10,90 €
Tofu seasoned with Portuguese spices, served with basmati rice, roasted vegetables and fries.

Maia Chow Mein (tofu / chicken / prawns) 10,90 € / 11,90 € / 12,90 €
Stir-fried noodles with cabbage, carrot, black mushrooms, broccoli and pak choi.

Poke Bowl (vegetarian / salmon) 12,90 € / 13,50 €
Avocado, cucumber, mixed greens, pineapple, carrot and toasted sesame seeds.

Cod with fries 12,90 €
Crispy Portuguese cod with fries, fresh salad and kimchi mayonnaise.

Beef burger 11,90 €
Burger with lettuce, tomato and apple chutney, served with teriyaki mayonnaise and fries.

ASIAN SPECIALITIES

Himalayan Momos 11,90 €
Steamed and grilled momos filled with seasoned chicken and vegetables, served with Nepalese tomato and sesame chutneys.

Pad Thai (tofu / chicken / prawns) 10,90 € / 11,90 € / 12,90 €
Stir-fried rice noodles with tamarind sauce, egg, bean sprouts, spring onion and toasted peanuts.

Teriyaki chicken 13,90 €
Chicken stir-fried in a garlic and soy teriyaki sauce, served with basmati rice, broccoli, pickled ginger and sesame.

MAIA

ASIAN FUSION

DINNER

Chicken Makhani 12,90 €
Chicken in a creamy tomato sauce with Indian spices. Served with basmati rice or Indian bread.

Thai green curry (tofu / chicken) 12,90 € / 13,90 €
Aromatic curry with coconut milk and Thai herbs, served with basmati rice.

Prawn curry 13,90 €
Prawns in an aromatic, creamy Asian curry sauce, served with basmati rice.

Kimchi Soul (tofu / chicken / prawns) 10,90 € / 11,90 € / 12,90 €
Stir-fried rice with Korean kimchi, vegetables and egg, with chicken, tofu or prawns.

Cod fried rice 12,90 €
Basmati rice with flaked cod, egg, spring onion, garlic, sesame and soy sauce.

Pineapple fried rice 13,50 €
Basmati rice with tiger prawns, chicken, pineapple, egg, spring onion, mild curry and toasted peanuts.

SEAFOOD & FISH

Teriyaki salmon 16,90 €
Grilled salmon with teriyaki sauce and roasted vegetables.

Grilled cod 17,90 €
Grilled Portuguese cod on hummus, served with pak choi and olives.

Grilled octopus 18,90 €
Grilled octopus on tomato chutney, with guacamole and roasted potato.

Maia Seafood Platter 29,90 €
Mussels, clams, scallops, prawns and oysters sautéed in Maia Fusion sauce, served with Portuguese bread.

MEAT

Premium Entrecôte (250 g) 16,90 €
Grilled beef with homemade garlic and soy sauce and fleur de sel. Choose roasted vegetables or fries.

Maia Ribeye (250 g) 19,90 €
Grilled ribeye, served with roasted vegetables and fusion sauce.

Surf & Turf 23,90 €
Grilled premium beef and fresh seafood, served with tomato salad.

MAIA

ASIAN FUSION

RAMEN

Happy Chicken Ramen — 8,90 €
Mild chicken broth, ramen noodles, grilled chicken breast and boiled egg.

Crispy Chicken Katsu Ramen — 10,50 €
Mild broth with ramen noodles; crispy breaded chicken served on the side.

Chicken Shoyu Ramen — 10,50 €
Soy sauce, garlic, ginger, ramen noodles, chicken, boiled egg and spring onion.

Chicken Miso Ramen — 11,50 €
Miso broth with chicken, boiled egg, spring onion and sesame seeds.

Wai Wai Noodles (vegetables / chicken) — 8,50 € / 9,50 €
Broth with seasonal vegetables, garlic and Asian seasonings, finished with spring onion.

DESSERTS

Chocolate brownie — 6,50 €
Brownie served with vanilla ice cream and chocolate mousse.

Gajar Ka Halwa — 6,50 €
Indian dessert of carrots slowly cooked with milk and spices, served with vanilla ice cream.

Cheesecake — 6,50 €
New York-style cheesecake, served with Japanese yuzu topping.

Fresh fruit selection — 4,50 €
Selection of fresh seasonal fruit.

Ice cream (2 scoops) — 3,50 €
Flavours: vanilla, coconut and chocolate.

KIDS' MENU

Beef burger — 6,90 €
Burger with cheddar and tomato, served with fries.

Poke Bowl — 5,50 €
Cucumber, pineapple and mixed greens, with toasted sesame seeds.

Crispy chicken — 6,50 €
Golden, crispy chicken, served with fries.

Vegetable rice — 4,50 €
Basmati rice with cooked vegetables such as broccoli and green beans, served with fries.

Chow Mein — 4,50 €
Stir-fried noodles with carrot, cabbage and broccoli.